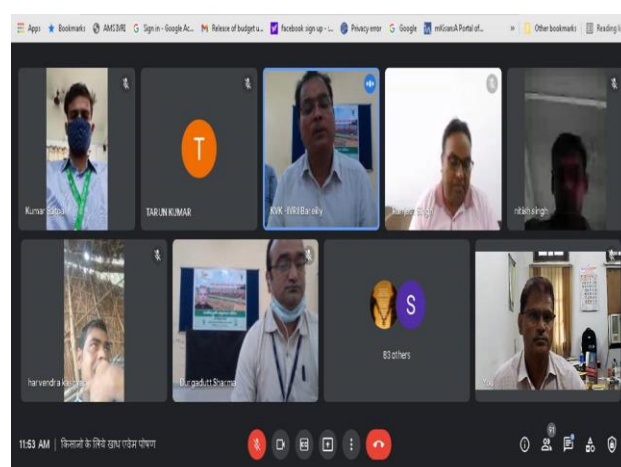
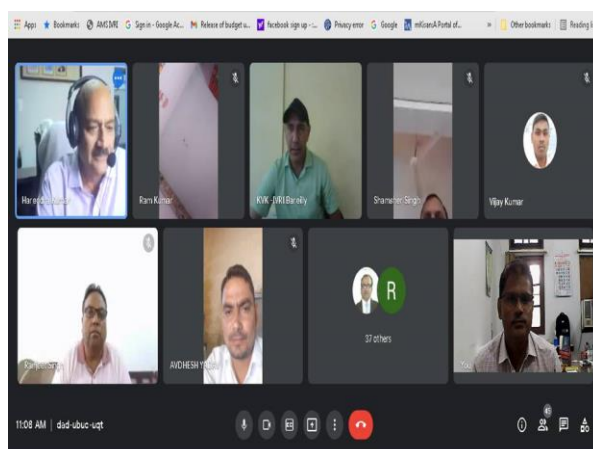
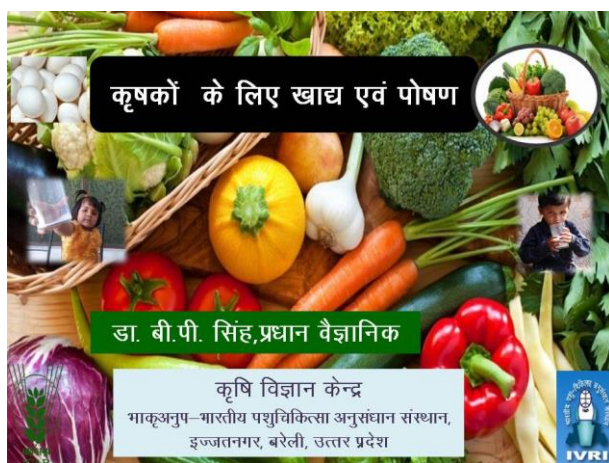


Online Kisan Goshthi organized on “Food and Nutrition for Farmers” On the occasion of Azadi Ka Amrit Mahotav

Today, on 26 August 2021, an online Kisan Goshthi on Google Meet was organized by Krishi Vigyan Kendra, ICAR-Indian Veterinary Research Institute, Izatnagar, Bareilly on the topic “Food and Nutrition for Farmers”. Dr Harender Kumar, Joint Director Extension Education, mentioned in his inaugural address that food and nutrition is equally important for pet and dairy animals. He also spoken about the importance of milk as complete food which full all nutrient requirements.



Dr BP Singh, Head Krishi Vigyan Kendra delivered a lecture on importance of food and nutrition in fulfilling the nutrient requirement of family members, he also highlighted the various sources of food viz. vegetables, fruits, grains, oilseed, meat and meat products, fish, milk and milk products etc and their role in maintaining the health. In this sequence, Shri Durga Dutt Sharma spoken about nutritional status of fish as food. Shri Rakesh Pandey, stressed upon to maintain the soil health

for healthy production of food and other crops and enriched the participants about the availability of bio-fortified varieties released by ICAR and their role on good health. Further, Shri Ranjit Singh spoken about to include colourful vegetables in a diet to have the healthy and nutrient food . At the end, vote of thanks was presented by Mr. Manish Tomar. In this event, a total of 148 farmers , youth and farm women were participated .

